

## THERAPEUTIC RECREATION PROGRAMS

Our mission is to enhance the quality of life for individuals with physical, mental, emotional, or social limitations. We strive to facilitate the development, maintenance, and expression of an appropriate leisure lifestyle for individuals with various disabilities.

**TR MASTERS CHECK OUT THE WAFFLE HOUSE MUSEUM**

Come see where the first Waffle House waffle was made in 1955!! The 13-stool diner has been restored with vintage equipment, displays of old uniforms, and exhibits of memorabilia. Then, we're off to eat lunch! Make sure to bring your lunch money!

Day: Tuesday  
 Date: May 29 Course Code: 12336  
 Time: 8:30 a.m. - 2:00 p.m.  
 Fee: \$10 per resident \$15 per non-resident  
 Age: 22 and older  
 Location: Depart from Activities House

**TR MASTERS TAKES ON THE MARIETTA TROLLEY**

Join us for a historical trolley tour of Marietta. The tour will include Marietta Square, Glover Park, Western & Atlantic Depot, National Cemetery, Tranquilla, Kennesaw Mountain, and the Root House. Of course, we'll head to a fabulous Marietta establishment for lunch after the tour!

Day: Friday  
 Date: July 20 Course Code: 12337  
 Time: 9:30 a.m. - 3:00 p.m.  
 Fee: \$20 per resident \$30 per non-resident  
 Age: 22 and older  
 Location: Depart from Activities House

**TR MASTERS HEADS TO COOLRAY FIELD**

Let's see the state-of-the-art *Coolray Field* where the Gwinnett Braves play their games!!

Day: Wednesday  
 Date: TBA Course Code: 12338  
 Time: 9:30 a.m. - 4:00 p.m.  
 Fee: \$10 per resident \$15 per non-resident  
 Age: 22 and older  
 Location: Depart from Activities House

**STARS CAMP DAY**

This is a day all about different camp activities. Bring a plain white t-shirt - we'll be tie dying - maybe even tackle some sand art and even some beaded key chains!! Bring a sack lunch and get ready to have fun!

Day: Tuesday  
 Date: June 12 Course Code: 12339  
 Time: 10:00 a.m. - 3:00 p.m.  
 Fee: \$10 per resident \$15 per non-resident  
 Age: 10 - 21 years old  
 Location: Depart from Activities House

**STARS MOVIE & A MEAL**

Who's ready for the movies?! We will TRY to see a movie at the dollar theater, but please be prepared in case we hit the big time theater! Please bring money for the movie admission and your meal!

Day: Thursdays  
 Date: June 28 Course Code: 12340  
 July 12 Course Code: 12341  
 Time: 4:00 p.m.  
 Fee: \$5 per resident \$7.50 per non-resident  
 Age: 10 - 21 years old  
 Location: Depart from Activities House

**STARS GOES BOWLING**

We're off to go bowling!! Let's see how many strikes we can get!

Day: Tuesday  
 Date: July 24 Course Code: 12342  
 Time: Noon - 4:00 p.m.  
 Fee: \$5 per resident \$7.50 per non-resident  
 Age: 10 - 21 years old  
 Location: Depart from Activities House

**TR DEVOUR IN AN HOUR**

This group is designed to help participants work through social skills and money management, while in the community. Lunch money is required for each date.

Day: Thursdays  
 Date: May 24 Course Code: 12343  
 June 28 Course Code: 12344  
 Time: 11:30 a.m. - 2:30 p.m.  
 Fee: \$5 per resident \$7.50 per non-resident  
 Age: 18 and older  
 Location: Depart from Activities House

**TR BOWLING LEAGUE**

Here's a summer league that we can all enjoy! Let's all get used to the sights and sounds of a bowling alley! We'll also become familiar with how to bowl!!

Day: Tuesdays  
 Date: June 5 - July 17 Course Code: 12345  
 Time: 5:30 p.m.  
 Fee: \$36 per resident \$54 per non-resident  
 Age: 5 - 12 years old  
 Location: Fayette Fun Bowl

**No class July 3!**

## TR WHAT'S COOKING

Come learn the basics on how to read a recipe, measure ingredients, and prepare a simple meal. Participants will enjoy social time with their friends while eating the meal they've prepared.

Day: Mondays and Tuesdays  
 Date: June 25, 26, July 16, 17 Course Code: 12346  
 Time: 11:00 a.m. - 1:30 p.m.  
 Fee: \$60 per resident \$90 per non-resident  
 Age: 16 and older  
 Location: Activities House

## TR NIGHT TO REMEMBER

Bring a date, friend, or buddy and come and enjoy a good time with friends! We're going to dinner and a movie! Bring money for admission, dinner, and snacks!

Day: Thursday  
 Date: July 19 Course Code: 12348  
 Time: 5:00 p.m.  
 Fee: \$5 per resident \$7.50 per non-resident  
 Age: 15 and older  
 Location: Depart from Activities House

## TR LITTLE PICASSOS

Your child will discover different colors, textures, shapes, and a variety of materials which will flow into his/her own creation! Each child will leave with a finished project at the end of every class. *"If you never did you should. These things are fun and fun is good."* - Dr. Seuss

Day: Mondays  
 Date: May 14, 21, 24 (Thursday) Course Code: 12349  
 July 2, 16, 23 Course Code: 12350  
 August 13, 20, 27 Course Code: 12351  
 Time: 4:00 p.m. - 5:00 p.m.  
 Fee: \$50 per resident \$75 per non-resident  
 Age: 4 - 10 years old  
 Location: Downstairs Activities House

## TR ART

Each class introduces new artists and creative ideas while exploring creative styles. This class doesn't end there! We will study different artists and create through our own visions. Students will hold an *Art Gala* to present their masterpieces to their family and friends!

Day: Mondays  
 Date: May 14, 21, 24 (Thursday) Course Code: 12352  
 July 2, 16, 23 Course Code: 12353  
 August 13, 20, 27 Course Code: 12355  
 Time: 5:30 p.m. - 6:30 p.m.  
 Fee: \$80 per resident \$120 per non-resident  
 Age: 11 and older  
 Location: Downstairs Activities House

**Please show up 15 minutes early to begin on time!**

## TR JUNE SUMMER "SNAP SHOT" STROLL WORKSHOP

During this two-day workshop we will begin by bringing our cameras and taking a stroll through the park. Our artistic eye will capture shots of nature and the beauty of summer. Photos will be developed for day two, and each student will paint the photograph of his/her choice.

Day: Wednesday and Thursday  
 Date: June 27 and 28 Course code: 12355  
 Time: 5:00 p.m. - 7:00 p.m.  
 Fee: \$150 per resident \$225 per non-resident  
 Age: 10 and older  
 Location: Downstairs Activities House

**Cameras will be provided if you do not have one!**

## TR ART CAMP: KNOWLEDGE OF THE HIGHest

We will begin the workshop with a trip to the High Museum of Art on Monday. We will study a variety of artists and examine their techniques and palettes of color, light, and texture. The next day, the creative process will begin! We will focus on two separate artists and create upon oversized canvas using a mixture of materials.

Day: Monday - Friday  
 Date: July 9 - 13 Course code: 12356  
 Time: Monday 9:00 a.m. - 2:00 p.m.  
 Tuesday - Friday 4:00 p.m. - 6:00 p.m.  
 Fee: \$280 per resident \$420 per non-resident  
 Age: 10 and older  
 Location: Downstairs Activities House

**Materials, admission to the High, and lunch are included.**

**What are the outcomes of Therapeutic Recreation?**  
 Current research indicates a significant number of positive health outcomes resulting from participation in recreational therapy programs:

- Improvement in Physical Health Status
- Improvement in Psychosocial Status
- Improvement in Cognitive Status
- Improvement in Life, Recreation & Community Activities

